

## BOARD OF EDUCATION PORT WASHINGTON-SAUKVILLE PUBLIC SCHOOLS

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## SCHOOL / STUDENT NUTRITION AND FITNESS

- I. The Port Washington-Saukville School District expects all members of the school community to create an environment for the personal well being of students supporting healthy, lifelong eating and fitness habits. Decisions made district wide in regard to curriculum, food service and the incorporation of fitness into daily lives need to reflect and encourage positive choices. Students who practice good nutrition and exercise programs attend school with minds and bodies with the foundation to maximize learning opportunities and foster greater personal satisfaction.
- II. The Port Washington-Saukville School District Board of Education supports and promotes a healthy school environment, which includes the following
  - A. A quality school food service program that promotes healthy choices.
  - B. Physical education experiences that promote life-long fitness, wellness and healthy living.
  - C. Support items A and B through the cultivation and integration of health and wellness across the curriculum and by increasing parental awareness.

Legal reference:

Sections 118.01, 118.12, 121.02(1), Wis. Stats.

P.L. 108-265 Act of 2004

Child Nutrition WIC Reauthorization

Cross reference:

Administrative Guideline 5360 - School / Student Nutrition

Approved: 8/14/06

Revised: 12/10/07; 3/12/15

The Port Washington-Saukville School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of Special Services, Port Washington-Saukville School District, 100 W. Monroe Street, Port Washington, WI 53074 - Duane.Woelfel@pwssd.k12.wi.us