Emergency Services

Police Dispatch Emergencies: Dial 911

Crisis Hotlines

COPE Hotline Services
262-377-COPE (2637)
www.copeservices.org
24-hour emotional support and
crisis intervention hotline

staffed with skilled counselors

National Suicide Prevention Lifeline (800) 275-8255 www.suicidepreventionlifeline.org 24-hour crisis intervention hotline

Support Groups

National Alliance for Mental Illness Ozaukee Chapter (262) 243-3627 www.namiozaukee.org

Support groups for families. Call for meeting locations and times.



"The best way out is always through."

- Robert Frost







COURTESY OF:

CHARACTER COUNTS

Youth & Adult

Mental Health Committee

Committee Chair:

Dr. Michael R. Weber, Superintendent Port Washington-Saukville School District Phone: (262) 268-6005 Michael.Weber@pwssd.k12.wi.us

Mental Health Resource Guide

(Ozaukee County area)



CHARACTER COUNTS

Youth & Adult Mental Health Committee

This resource guide was made possible through a partnership between the Port Washington-Saukville School District and Character Counts Community

This is not intended to be a complete list of resources.

The agencies listed should not be interpreted as a recommendation or an endorsement by Character Counts or the Port Washington-Saukville School District.

Outpatient Services

American Behavioral Clinics

1240 W. Ranchito Lane Mequon, WI 53092 (262) 343-8333

www.americanbehavioralclinics.com

Comprehensive Counseling Services

1317 W. Grand Avenue Port Washington, WI 53074 (262) 284-5789

www.compcounselingservices.com

Mequon Clinical Associates

1045 W. Glen Oaks Lane #1 Mequon, WI 53092 (262) 241-7778 www.mequonclinical.com

Northshore Clinics & Consultants

W62 N248 Washington Avenue Cedarburg Square, Suite 207 Cedarburg, WI 53012 (262) 375-1116 www.northshoreclinics.com



Community Services

Ozaukee County Department of Human Services Counseling Center

121 W. Main Street
Port Washington, WI 53074
(262) 284-8200
www.co.ozaukee.wi.us/261/mental-

www.co.ozaukee.wi.us/261/mentalhealth-services

For Ozaukee County residents receiving BadgerCare or qualifying uninsured

Ozaukee Family Services

885 Badger Circle Grafton, WI 53024 (262) 376-7774

www.ozaukeefamilyservices.org
For those without insurance or with
unaffordable copays and deductibles

Inpatient Services

Columbia St. Mary's Hospital Ozaukee Campus

13111 N. Port Washington Road Mequon, WI 53097 (262) 243-7388

<u>www.columbia-stmarys.org</u> *Behavioral health/substance abuse*

Rogers Memorial Hospital Brown Deer

4555 W. Schroeder Drive Brown Deer, WI 53223 (414) 355-9000

www.rogershospital.org/browndeer
Behavioral health/substance abuse

Inpatient Services (cont.)

Aurora Sheboygan Memorial Medical Center

2629 N. 7th Street Sheboygan, WI 53083 (920) 451-5000 www.aurorahealthcare.org/services/ behavioral-health-addiction

Behavioral health/substance abuse

Other Resources

Impact 2-1-1

Phone: Dial 211

www.impactinc.org/impact-2-1-1/ 24-hour help line and online resource locator

serving Ozaukee and surrounding counties

SAMHSA

(Substance Abuse and Mental Health Services Administration)

(800) 487-4889

www.samhsa.gov

Behavioral health and substance abuse treatment locator

Starting Point of Ozaukee

101 Falls Road #402 Grafton, WI 53024 (262) 375-1110

www.startingpointoz.org

Prevention, intervention, and referral services for drug and alcohol abuse

Accepted insurance plans will vary and are subject to change. Contact your insurance company to determine which local providers currently accept your insurance.